

From Kathryn's Kitchen
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Arbonne Essentials® Chocolate Protein Balls

Prep Time: 15-20 minutes
Refrigerate: 20-30 minutes
Servings: 24 bite sized



Ingredients:

- 1 cup raw almonds
- 1 cup chopped Medjool dates (pitted)
- 2 scoops Arbonne Essentials® Chocolate Protein Shake Mix
- 1/8 teaspoon sea salt
- 2 tablespoons unsweetened shredded coconut

Directions:

Add almonds to a food processor or high-speed blender. Process nuts for 5 minutes until almond butter forms. Add dates and mix until smooth. Add in the protein powder and salt; blend until thoroughly combined. Roll dough into 24 balls, coat each ball with shredded coconut, and place on a serving plate. You might want to use mini cupcake papers or toothpicks for easy serving in groups. Refrigerate for at least 20 minutes. Store any remaining in an airtight container in the refrigerator.



*Enjoy,
Kathryn*

