

From Kathryn's Kitchen
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Blueberry-Banana Protein Pancakes

Prep Time: 5 minutes
Cook Time: 10 minutes
Servings: approx. 4 pancakes

Ingredients:

- 1 ripe banana, mashed
- 2 eggs, whisked
- ½ cup Arbonne Vanilla Protein Shake Mix
- ½ cup fresh blueberries (plus extras to serve on the side)
- 1 tbsp. Kerrygold pure Irish butter (to grease the griddle)

Directions:

In a large mixing bowl whip all ingredients together. Place your pancake griddle over medium heat. Once griddle is hot, add a pat of butter and then spoon pancake batter (approx. ¼ cup batter per pancake) onto hot griddle. Once pancakes begin to bubble, flip them (approx. 1 minute on each side, depending on how hot the pan is). Add butter to the griddle as needed.

Serve lightly buttered with Kerrygold or drizzled lightly with pure, organic Maple Syrup with a side of fresh Blueberries!!



*Enjoy,
Kathryn*

